



**CHANGED
FOR LIFE**

POST-TRIP RESOURCES

LEADER/TEAM

MATERIALS AND HANDOUTS

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POST TRIP EVALUATION

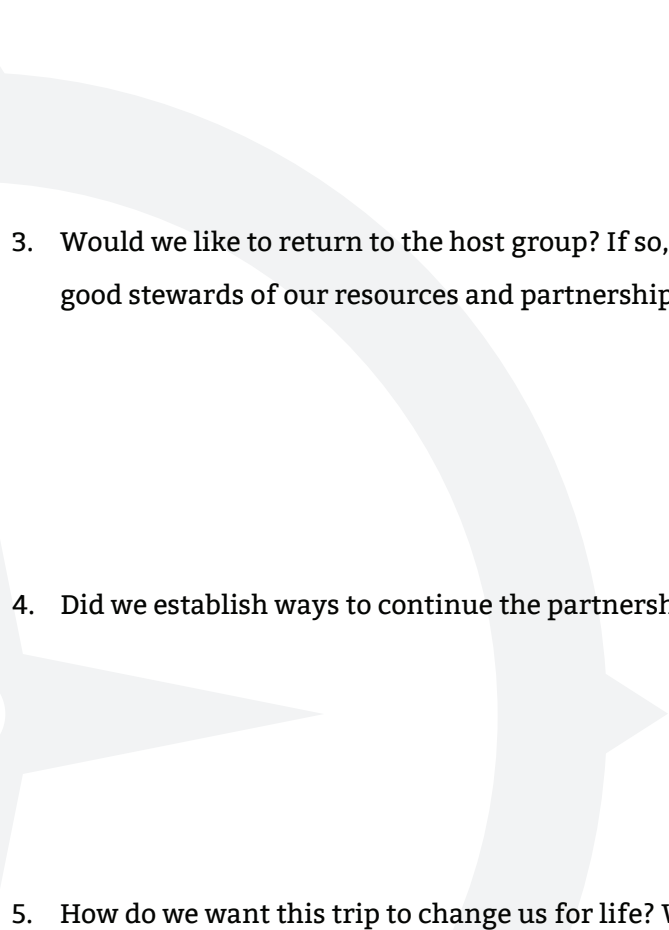
STM Team Post-Trip Resources

1. What worked well on the STM trip?

 2. What would we change if we visited our hosts again/

 3. Would we like to return to the host group? If so, how many return trips should we make as good stewards of our resources and partnership?

 4. Did we establish ways to continue the partnership between the groups?

 5. How do we want this trip to change us for life? What are our *Changed for Life* goals?
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SHARING WITH YOUR CONGREGATION

STM Team Post-Trip Resources

Sharing Stories

- ✦ Have a variety of participants share stories.
- ✦ Use stories to introduce the people and area of the host group.
- ✦ Consider sharing written letters or stories from the host group.
- ✦ Use Skype to introduce the congregation to the host group

Sharing Images

- ✦ Consider various online image sharing options: church Facebook group, Flickr, Slideshare, Picasa, Photobucket, Dropbox.
- ✦ Share the partnership through images with a bulletin board or interactive display.

Sharing Future Goals

- ✦ Share future goals with clear ways to respond.
- ✦ Consider sharing goals with Slideshare, an infographic (like Piktochart), Dropbox.
- ✦ Create a Facebook group that can interact with the Changed for Life goals.
- ✦ Assign an STM trip member to each goal so congregation members who would like to get involved have someone to connect with.
- ✦ Can you use any materials from the sessions to increase global awareness in your congregation?

Sharing Resources

- ✦ Can you share the resources you found helpful as you prepared for the trip with members of your congregation?
- ✦ Could you share the suggested reading guide or film recommendations with your congregation?

Sharing Prayers

- ✦ See Handout: *Changed for Life* Prayer Calendar

CHANGED FOR LIFE GOALS

STM Team Post-Trip Resources

What *Changed for Life* goals did the group establish?

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

Post-trip Goals: Continue asking “What is God doing and how can we be involved?”

(new goal ideas that have been developed post-trip)

PERSONAL GOALS AND PRAYERS

STM Team Post-Trip Resources

Changed for Life prayers: (prayers requests/praises I want to focus on)

Changed for Life goals: (the goals I want to focus on)

Supporting the relationship: (congregation members I would like to encourage into the relationship)

Supporting the Congregation and Community: (how can I use my gifts in the congregation and community?)

POST-TRIP MEETINGS

STM Team Post-Trip Resources

Purpose

Accountability and encouragement are vital in STM team members and host groups experiencing being Changed for Life. The STM team is highly encouraged to meet monthly after the trip. When the mountaintop experience of a mission trip fades, holding one another up in prayer and encouraging concrete goals will allow lasting change to occur.

Participants in Post-trip Meetings

Option 1: only those who went on the STM trip.

Option 2: open to all those willing to join the process (by signing a covenant) to support the host group.

Option 3: the first meeting for only those that attended the STM trip, then integrate others committed to the partnership in subsequent meetings.

Goals:

- ✦ to keep goals before the group and congregation to support the host location long after your STM experience ends.
- ✦ to have accountability toward personal growth goals for life change.
- ✦ to continue to grow in cultural intelligence, revise and refine goals, and enfold congregation members into meaningful partnership.
- ✦ to maintain intentional connection with your hosts.

Sample Meeting:

- ✦ Review the established individual and group goals.
- ✦ Check in with your host group to revise and adjust goals as necessary.
- ✦ Plan ways to involve the congregation in the Changed for Life goals.
- ✦ Identify two personal goals to share with the group.

- ✦ Pray together that your hearts and minds would continue to experience change.
- ✦ Thank God for allowing the group to be a part of his mission.

Sample Meeting:

- ✦ Review the established goals for forming a lasting partnership with your host group.
- ✦ Share praises and challenges in reaching those goals.
- ✦ Check in with one another about your personal goals.
- ✦ Pray together that your hearts and minds would continue to experience change.
- ✦ Pray together for your host group.

Sample Meeting:

- ✦ Review the established goals for forming a lasting partnership with your host group.
- ✦ Discuss what is going well and what might need work.
- ✦ Plan ways to bring the goals in front of the congregation again.
- ✦ Take time to connect with your host group to gather prayer requests and praises. Pray together for your host group.
- ✦ Pray together that your hearts and minds would continue to experience change.

Sample Meeting:

- ✦ Review the established goals for forming a lasting partnership with your host group.
- ✦ Share progress being made with personal goals, as well as challenges.
- ✦ Consider members of the community and congregation you might be able to engage in becoming partners of the host group.
- ✦ Pray for your host group.

Sample Meeting:

- ✦ Review the established goals for forming a lasting partnership with your host group.
- ✦ Spend time praying over goals for the partnership, personal growth goals, and the host community.
- ✦ Pray for God to deepen your understanding of the reciprocal relationship of missions.
- ✦ Pray for opportunities to grow in global consciousness.

Sample Meeting:

- ✦ Review the established goals for forming a lasting partnership with your host group.
- ✦ Discuss what is going well and what might need work.
- ✦ Plan ways to bring the goals in front of the congregation again.
- ✦ Take time to connect with your host group to gather prayer requests and praises. Pray together for your host group.
- ✦ Pray together that your hearts and minds would continue to experience change.
- ✦ Extend thanks to God for allowing your group to be a part of his mission.

Sample Meeting:

- ✦ Review the established goals for forming a lasting partnership with your host group.
- ✦ Connect with your host group to assess how your goals are supporting them. Make any adjustments that are necessary.
- ✦ Pray for the hearts of both groups to continue to experience change.

Sample Meeting:

- ✦ Share progress being made on partnership goals. Share stories.
- ✦ Check in with each other on your personal goals.
- ✦ Pray together that your hearts and minds would continue to experience change.

Sample Meeting:

- ✦ Assess if there are ways to refine or further support the host group. Can you broaden your reach?
- ✦ Consider congregation members or community leaders who might be able to be brought into the partnership.
- ✦ Pray for ways to communicate with the congregation what change has occurred personally and collectively since the STM trip.

Sample Meeting:

- ✦ Share progress with personal goals. Take time to consider adjustments, where God is leading, and what change you have experienced.
- ✦ Pray for God to continue to change your hearts.
- ✦ Thank God for allowing your group to be a part of his mission.

Sample Meeting:

- ✦ Connect with your host group to assess goals and revise and adjust as needed.
- ✦ Pray for and with your host group.

Sample Meeting:

- ✦ Discuss ways in which you might continue to assess progress, pray together, and connect with your host group in the coming year.
- ✦ Brainstorm ways in which your group and congregation can continue to grow in global consciousness.

Closing the Circle:

- ✦ After 12 months of follow up, give members the option to stop meeting. Allow those who would like to continue intentionally working on goals to keep meeting. Consider integrating new members who would like to be involved. This may also be a point where you might integrate a new group (if the congregation and host group decide it is beneficial have another group visit.)
- ✦ Have a closing ceremony to share how the group and individuals worked on their goals, celebrate how participants have been changed for life, and to pray for the work still to do.

