



**CHANGED
FOR LIFE**

ON-SITE RESOURCES

LEADER/TEAM

MATERIALS AND HANDOUTS

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JOURNAL PROMPTS

STM Team On-Site Resources

Ask every day:

- ✦ What is God teaching me today?
- ✦ What changes does God want to make in me through this experience?

Optional Prompts:

- ✦ What is one way I see God at work in this place before I arrived?
- ✦ Thank God for allowing you to be a part of his mission.
- ✦ What perceptions are being challenged? How has my global consciousness been stretched?
- ✦ What do I want to remember when I get home, after the excitement of the trip fades and regular life resumes?
- ✦ How can I practice listening today?
- ✦ What can I share with others about this STM experience?

DAILY DEBRIEFING

STM Team On-Site Resources

At the close of the day, it is helpful for the group to spend some time debriefing. This is also a great time to offer personal reflection time for prayer and journaling. Debriefing in community with your host group can also be a powerful experience.

Debriefing:

Spend time together in prayer.

Share praises and challenges from the day.

Ask one another good questions:

- ✦ In what ways did you build relationships?
- ✦ What did you learn today?
- ✦ In what ways did you feel we might need to revise our goals?
- ✦ In what ways do we feel that our goals are on track?
- ✦ Are we letting the host group lead? How has this felt?
- ✦ Are we approaching our work with humility and in respect to the work God is already doing here? How might we do this better?
- ✦ How is God at work in this place?
- ✦ Is there a specific experience that someone would like to share?
- ✦ How can we support one another tomorrow? How can we support our host group?

Take time to clarify relationship goals and establish expectations during the trip.

